

Moore County Department of Aging



Mission Statement:

To provide services that promote
the well-being of older adults.

****REMINDER****

Moore County's older adult population exceeds
the population under age 18

Location, Location, Location

- Serving older adults and their families since 1984
- Located at the Senior Enrichment Center
8040 US 15-501 Hwy, West End
- 215-0900
- tprots@moorecountync.gov
- www.moorecountync.gov

Staff Composition

- **20 Full Time:** Director, RN Supervisor, Lead Aide, 9 CNAs (currently 1 vacancy), Volunteer Manager, Program Coordinator, Nutrition/Transportation Manager, Nutrition Coordinator, Fitness Room Coordinator, Family Caregiver Advisor, Administrative Assistant II, Office Assistant IV.
- **1 Part Time:** Robbins Diner's Club Manager
- **5 Resource** (less than 20 hours/week, 4 of which are dependent upon grants)
- **105 Volunteers**

Budget FY18: \$1,354,830

- Grants: \$793,908
- Moore County Property tax: \$513,497
- Fees/Donations: \$47,425



Primary Services and Programs

- Senior Enrichment Center
- In Home Aide Program (FY 17: 152 clients, currently serving 100 w/63 people on the wait list)
- Nutrition Services (currently serving 56 HDM & 66 Cong)
- Transportation (currently serving 111 clients, no wait list)
- Fitness (Fitness room: currently 349 active participants, most also attend at least one group exercise class)
- SHIIP (Senior Health Insurance Information Program)
Calendar year 2016: 952 client contacts, saving them \$221,588
- Family Caregiver Program (FY 17: served 24 caregivers and averaged 108 client contacts/month for Info/Assistance)
- Volunteer services

Senior Enrichment Center

Center of Excellence since 2007

- 1,035 visitors to the SEC last week that registered through MySeniorCenter
 - 375 people attended 39 activities (15 of which were group exercise classes)
 - 275 people participated in activities in the Lower Level Recreation Room (walking track, pickleball, shuffleboard)
 - 188 attendees to the Fitness Room
 - 47 SHIIP appointments
 - 54 participants in the Diner's Club (congregate nutrition)

Senior Enrichment Center

- Fitness Room
- Group Exercise Classes
- Dances (line, ballroom, square)
- Educational and Social Programs
- Walking track, shuffleboard, cornhole, pickleball
- Volunteer opportunities
- Hours of operation:
 - Mon/Wed/Fri: 7 a.m. – 5 p.m.
 - Tues/Thurs: 7 a.m. – 10 p.m.
 - Saturday: 8 a.m. – 1 p.m.

Weekly/Monthly Activities

- Canasta
- Cribbage
- Mah Jongg
- Cooking classes
- Knitting class
- Woodcarving
- Water color
- Line Dancing
- Piano
- Beginner Ukulele
- Golf improvement classes
- Drum circles

“Drop In” Activities

- Fitness Room
- Table Tennis
- Shuffleboard
- Pickleball
- Caregiver Library/Resource Room
- Games, Puzzles
- Pool Table
- Walking track
- Cornhole
- Wii

Fitness

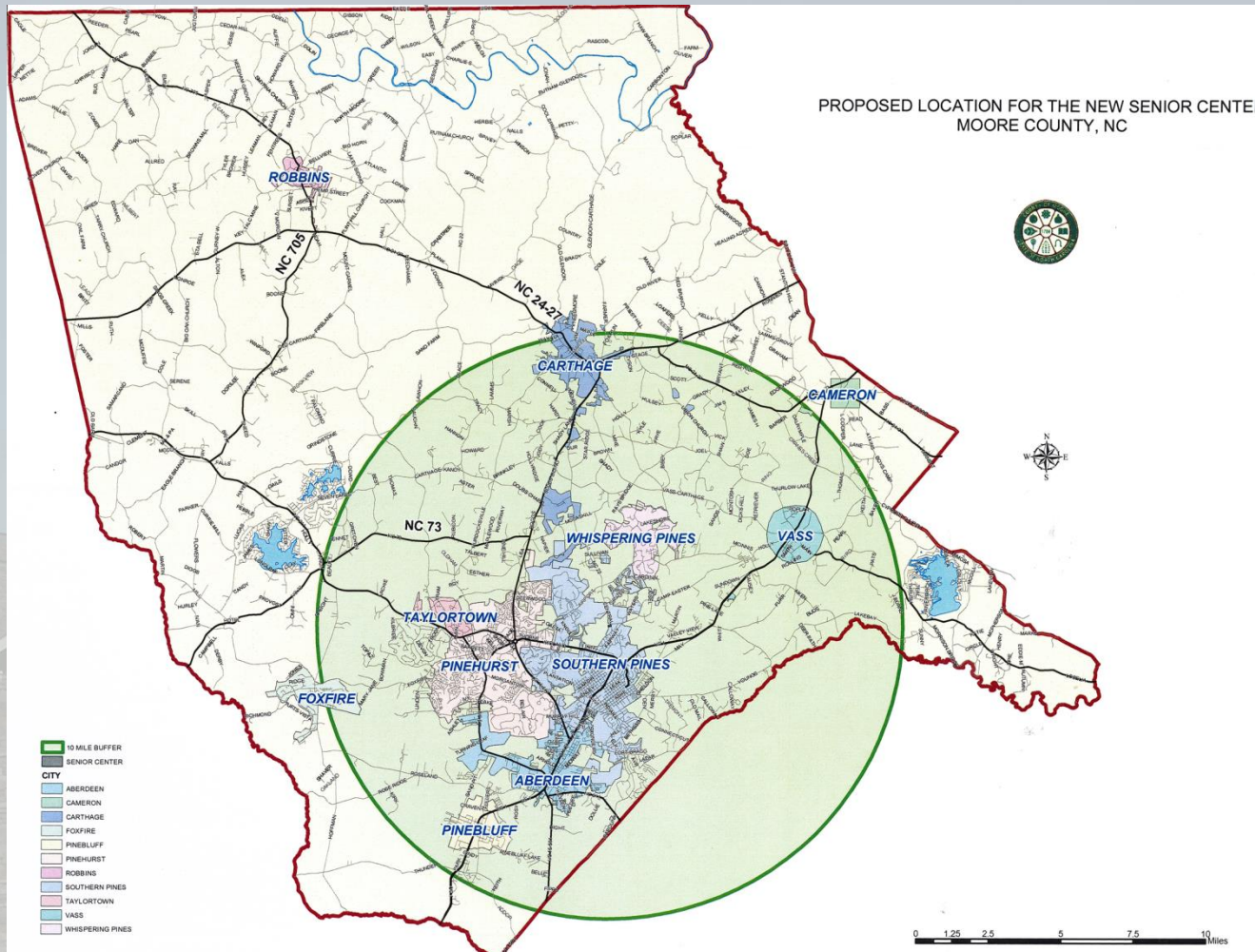
- Spacious fitness room, orientation required
- Commercial grade equipment
- Various group exercise classes available each week
- Evidence-based health promotion programs
- \$2 a visit; pay-as-you-go system
- Fully trained staff
- Available to Moore County residents age 50+

Aging Department Publications

- *Resource Guide for Older Adults*, Information on local resources serving older adults
- *The Point*, monthly newsletter available by subscription for \$5 or you can find complimentary copies at the SEC and local libraries
- *Fact Sheet*, highlights Department of Aging services and eligibility requirements
- *Guide to Long Term Care Facilities in Moore County*, explains differences in facilities, glossary of terms, map of the area, etc.

Challenges? Funding.

- *At a minimum, the reinstated \$1M for the HCCBG needs to be recurring AS WELL AS increased recurring funds.*
 - Demand for services far exceeds funding levels; population growth plus people living longer.
 - Services simply cost more.
 - Wait lists are documented across the state.
 - Important point: Let's not rob one Aging program to fund another!

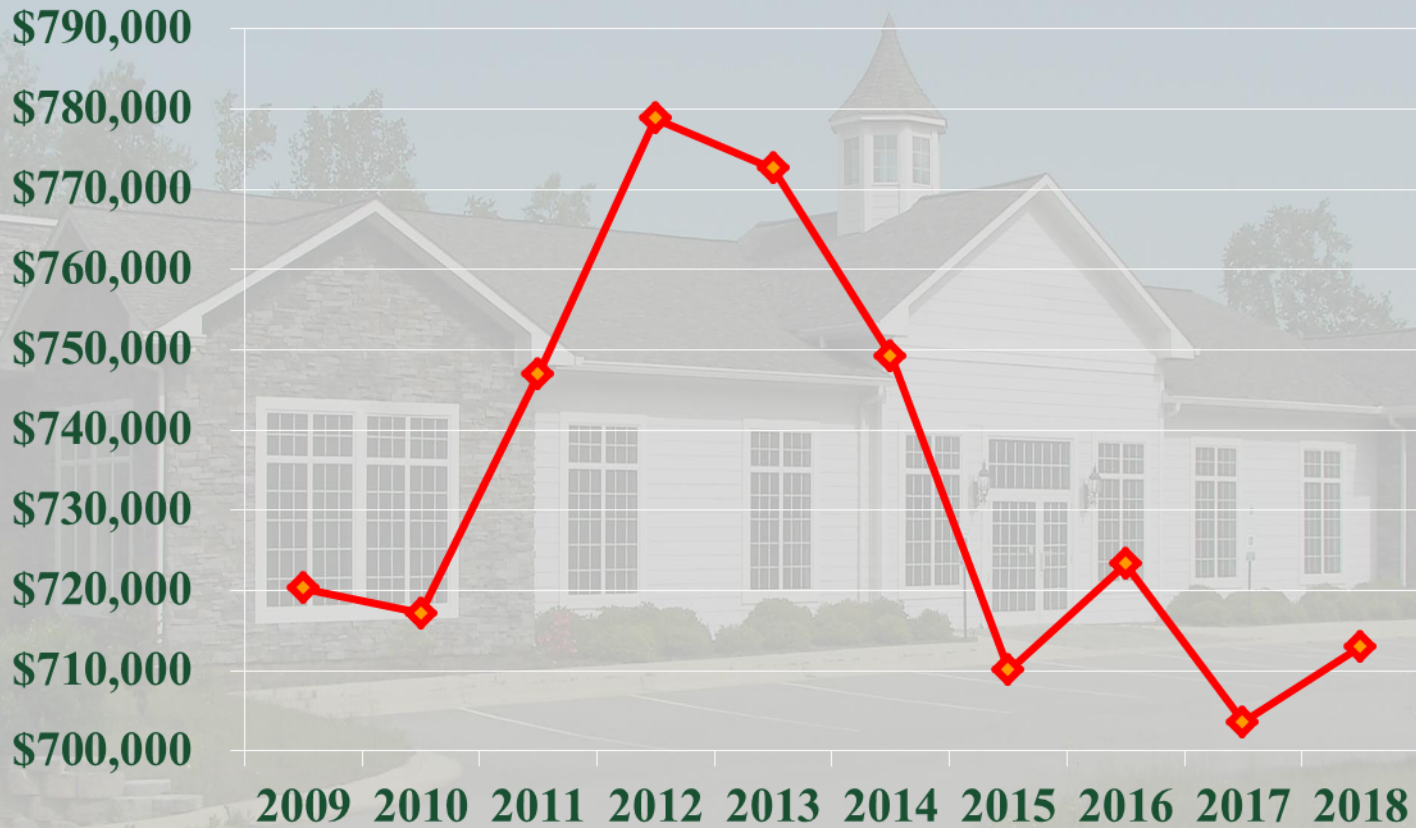


2000 Census: 17,857 people aged 55+ lived within 10 mile radius of the SEC

2010 Census: 26,116 people aged 55+ live within 10 mile radius of the SEC

10-year HCCBG funding level for Moore County

Change in Funding Levels by Year



Funding, continued

- There's a growing demand for in-home services but equally important are the wellness and socialization programs provided by senior centers to keep older adults active and well. Moore County is trying to serve both and do equal justice for each. Let's not pit one against the other!

Funding, continued

- More support for:
 - Transportation – a costly issue in a large county such as Moore
 - Family caregiving support and mental health are critical issues facing our clients each day
 - SHIIP, although that's a Federal issue, it's serving the people of our state and it will become a state issue if it goes away

Thank you!!

